What Your Test Results Mean

If you test **positive** for COVID-19

TAKE STEPS TO HELP PREVENT THE SPREAD OF COVID-19

STAY HOME.
Do not leave your home, except to get medical care. Do not visit public areas.

STAY IN TOUCH WITH YOUR DOCTOR.

GET REST AND STAY HYDRATED.
Take over-the-counter medicines, such as acetaminophen, to help you feel better.

SEPARATE YOURSELF FROM OTHER PEOPLE.
As much as possible, stay in a specific room and away from other people and pets in your home.

If you test **negative** for COVID-19

- You probably were not infected at the time your sample was collected.
- However, that does not mean you will not get sick.
- It is possible that you were very early in your infection when your sample was collected and that you could test positive later.
- If you are a direct contact to a confirmed positive person, you need to complete your quarantine to prevent spreading the virus to others.
- Please contact your local health department with questions.

During the quarantine period:
- Stay home and away from others, even within the same household.
- Do not participate in social activities or gatherings.
- Regularly watch for fever (100.4 ∘ F), cough, shortness of breath, or other symptoms of COVID-19.

When will I receive my results?

Your test results will be sent to you via text or email. You may expect your results to come in **within 3 business days.** If you do not receive your test results within 3 business days, please call the Hendricks County Health Department at 317-745-9368.

Hendricks Regional Health

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Frequently Asked Questions

What is COVID-19?

COVID-19 is a virus that spread from person to person and causes respiratory illness. This is a new virus that we are still learning about.

How does it spread?

COVID-19 is spread from person to person contact with droplets. When the affected person coughs or sneezes the droplets travel and can get into the airways of another person. The virus can also live on objects/hard surfaces that the infected person has touched. Please quarantine yourself from others as much as possible while you wait for your test results to prevent the spread of infection in case your test comes back positive.

What are the signs and symptoms?

Reported symptoms have ranged from mild to severe. These symptoms may appear 2-14 days after exposure:

*If you have trouble breathing, chest pain, new confusion, inability to wake or stay awake, or bluish lips/face, **CALL 911**

Headache	Congestion or runny nose	Fever 100.4	Cough	Shortness of breath/ difficulty breathing	Diarrhea

Nausea or vomiting	Sore Throat	Muscle pain & Fatigue	Chills	New loss of taste of smell

What can I do to protect myself?

You can help to avoid the spread of COVID-19 and other germs by:

Proper Handwashing	Avoiding others who are sick	Practicing social distancing

Who is most at risk?

People of all ages with underlying medical conditions, particularly if not well controlled, including people with:
- Chronic lung disease or moderate to severe asthma
- Serious heart conditions
- Compromised immune systems
- Severe obesity
- Diabetes

- People 65 years and older
- People who live in a nursing home or long-term care facility
- Liver Disease
- Chronic Kidney disease undergoing dialysis

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