

Halloween Safety Trick or Treating Tips

- Carry a flashlight with fresh batteries or a glow stick after dark.
- Carry a cell phone and make sure it's charged.
- Always trick or treat in groups, accompanied by an adult.
- Follow a curfew and take a watch with a backlight.
- Plan your route ahead of time.
- Stay on the sidewalks and out of the streets. Cross only at intersections and designated crosswalks.
- Only visit well lit houses. Don't stop at dark houses.
- Don't enter any houses unless you know the people.
- Always watch for cars backing up or turning.
- Don't eat any candy until it's inspected for tampering under bright lights.
- Avoid candy that has loose wrappings, is unwrapped, has puncture holes, or is homemade.

Halloween Costume Safety Tips

- Hem your costumes so you don't trip and fall.
- Apply reflective tape to your Halloween costumes.
- Avoid cumbersome masks. Use make-up instead.
- Make-up should be hypoallergenic and non-toxic.
- Wear comfortable, practical shoes.
- Double tie your shoelaces so you don't trip.