

PERSONAL SAFETY TIPS

- 1) Trust instincts and avoid dangerous situations; Be aware of surroundings; Refuse to be a victim
- 2) Stand tall and walk confidently. Don't show fear and be prepared
- 3) Don't give out personal info over phone, especially CC numbers
- 4) Be careful while communicating on any social networks; don't give out detailed info including full name, photos, itinerary, personal info, etc
- 5) Stay in groups as much as possible
- 6) Change your routine regularly
- 7) Hold purse close to body; let thief have purse if grabbed-don't struggle with them
- 8) Keep vehicle and house doors locked while inside
- 9) Park in well lit or populated areas; Have keys out and ready; Check in vehicle prior to entering
- 10) Keep valuables out of sight. Place purchases in trunk.
- 11) Carry cell phone
- 12) If attacked, decide to let go or fight; Pepper spray?
- 13) Don't let strangers into your home
- 14) Beware of scams-if it sounds too good to be true, it probably is! Don't let greed overcome your common sense. Home repairs- Always get a contract before having any work done; Lottery scams- No one wins a contest they don't enter
- 15) Do not text and drive and avoid all distractions while driving